

Antiracist Baby

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“Antiracist Baby is bred, *not* born. Antiracist Baby is raised to make society transform.”

This book includes 9 steps for making “equity a reality” which provides a framework that people of all ages can use to dismantle racism.

When you read this book with your child, discuss each step with them at a level that they can understand. Some examples are provided below.

- Teach your child to see color. Talk about the different skin colors that you see throughout the day. In school, at the play-ground, at church, in your family, etc.
- Talk to your child about race and racism. If you see something racist, find a way to talk to your child about it. Ask your child if they have ever seen something racist. Let your child know that they can always talk to you if they witness or are the victim of racism.
- Teach your children about the policies that create racist outcomes.
- Help your child understand that all people are beautiful and worthy of good treatment.
- Find ways for you and your child to celebrate differences. One way to do this is to attend different festivals held by people from a different race/culture than you.
- Confess when being racist. When you realize that you are holding onto a racist idea, admit it. Awareness and naming your mistake disrupts racism.

