We’re Different, We’re the Same

(Sesame Street)

Read through the book one time then reread stopping to talk about the pages. On pages where the different body parts are, say, “God made so many beautiful_____ (body part on page), in so many colors and shapes. Each is beautiful because it was created by God’s love.”

As the child ages, ask how your child’s body part is the same (example, for nose: can you sniff and sneeze?)

- On each page that gives an action point to some of the people and say, “Look, this person does it too.”

- As you move through the book, remind the child, “God made so many different types, and all are beautiful and special!”

- After you are finished the second time, if the child is 3 years or older, say, “Different does not mean one is better than the other. What would a rainbow be like if it was only one color?”

- You can draw a rainbow with only one color and then draw a rainbow made up of different colors.

“If all flowers were the same color and shape, would a flower be special?”

- Next time you are out, point out all the colors of the flowers you see and if you can point out different shapes. Isn’t it wonderful that God makes so many different kinds of flowers, so we can see each is beautiful? It is the differences that make the world beautiful.