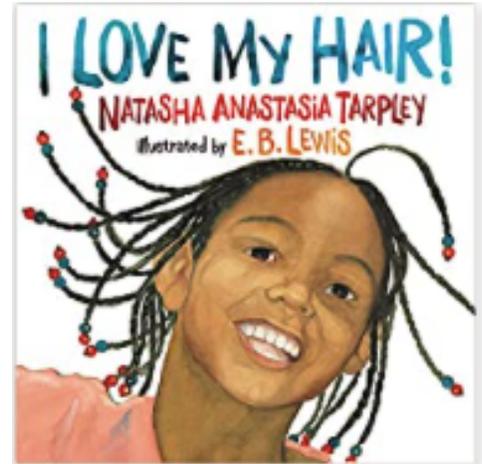


I Love My Hair

by: Natasha Anastasia Tarpley

We can each very likely remember our mom, dad, or someone else helping us to care for our hair. Sometimes it did hurt! In this book we learn about the many different ways Black hair can be worn. Our hair helps to define who we are. It can also tell us how we are feeling or what type of mood we are in. For Black women, hair shows off creativity and culture. Historically for Black people, hair has played an important role in survival. At one time in our history Black people used their hair to stow away rice and seeds for nourishment and sometimes gold in case they were captured and had an opportunity to escape.



In *I Love My Hair* we learn how hair is something to be proud of; hair tells a history and reminds us of where we have come from. The styles remind us of the resiliency and strength that has been passed down through the DNA of Black survivors to new generations. By exploring the many different ways Black hair can be worn, we each gain new appreciation for the ways in which we are different and the ways in which we are the same. Celebrate your uniqueness and the uniqueness of each and every person through appreciation and acceptance of variety. By exploring something as simple as hair, parents and children can begin deeper conversations about the oppression of Black people.

List of Possible Questions:

1. How are you like the girl in the story?
2. What did the girl like about her hair?
3. What do you like about your hair?
4. Which style of hair did you like best?
5. How could your hair or the clothes you wear stand up for things you believe in?
6. How does your hair show people about who you are?
7. What new way might you try to wear your hair?
8. What makes Black hair special?