Materials: Foam feet or chalk feet on concrete. Lay the feet down on the floor or draw them on concrete as if you were walking forward.

Activity #1 (easy)
Give your child a short sentence. Ask him/her to repeat the sentence while jumping on a footprint for each word in the sentence. Ask your child to count the words in the sentence. Example: The cat is fat.

Activity #2 (harder)
Give your child a 2- or 3-part word. Ask him/her to repeat the word while jumping on a footprint for each part. Examples: bath-tub, football, up-set, re-peat, muf-fin, rab-bit (2-part words), bas-ket-ball and fan-tas-tic (3part words)

Activity #3 (hardest)
Give your child a 3-sound word such as c-a-t. Ask him/her to jump on a footprint for each sound in the word.